

One Thing

By Tom Loewen on February 22, 2008

SCRIPTURE:

"The one thing I ask of the Lord – the thing I seek most – is to live in the house of the Lord all the days of my life, delighting in the Lord's perfections and meditating in His temple." (Psalm 27:4)

OBSERVATIONS:

David is feeling deserted by his loved ones and surrounded by his enemies. In this time of desperation, he cries out to God and expresses his one desire to be in the presence of God. Only in God's presence does he feel that He will be truly loved and truly safe. David describes his desire to be in God's presence as "*the thing he seeks most*". He is completely focused on this one thing.

APPLICATION:

My heart resonates with David's passion to be in the presence of God. I may not be surrounded by physical enemies, but it seems like there are so many forces in my life that surround me and compete for my attention and focus. The pace and demands of life are overwhelming at times, and I know that the one thing I need, more than anything else, is to carve out regular time to be with God. Only in His presence can I truly know that I'm loved and that my life matters. In His presence I find direction and guidance. When I spend this kind of time with God, delighting in Him and meditating on His word, He fills me with such a sense of purpose and I am filled up to face the challenges of the day. I need to make this time my number one priority and pursue it with the same passion that David describes in Psalm 27.

PRAYER:

Father in heaven, my one prayer is that I would always stay close to You. Through all the challenges of everyday life, don't let me be distracted from this one pursuit – to live every moment in Your presence. Help me to live with a constant sense of Your Holy Spirit's presence in me and to seek Your guidance in every decision. Help me to carve out time daily to spend with You, meditating on Your word and being filled with Your truth. No matter how busy life gets, or what distractions may come, may You always be my one desire, my one passion, my one priority, my one prayer.

Amen